

June 21, 2005

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Office of Nutritional Products
Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Pkwy
College Park, MD 20740

Re: Notification for Statements of "Nutritional Support" on Dietary Supplements

Dear Sir or Madam:

In accordance with the requirements of section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act, this letter (original and two copies) serves as notification the Natrol, Inc., located at 21411 Prairie Street, Chatsworth, CA, 91311, proposes to make statements of "nutritional support" for the following dietary supplement products:

Product Name	Statement(s) of Nutritional Support	Ingredients
Weight Loss Support Multivitamin with Green Tea	Weight Loss Support	Vitamins A, C, D, E, K, Thiamin, Riboflavin, Niacin, Vitamin B6, Folic Acid, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Guarana Extract, Green Tea Extract, and Boron
Men's Performance with Maca	Enhances Fertility & Desire. Maca has been traditionally used by Andean Indians to enhance the fertility and sexual performance of men and women.	Maca Extract
Energy with Green Tea	Helps Boost Energy Researchers attribute the energy-boosting effect of green tea to the interaction between key polyphenols and caffeine.	Green Tea Extract
Hair • Skin • Nails with MSM	Strengthening & Nourishing Formula	Vitamin A, C, E, Thiamin, Riboflavin, Vitamin B6, Vitamin B12, Biotin, Zinc, Copper, Manganese, Methylsulfonyl-methane, Trace Mineral Complex, L- Cysteine HCl Monohydrate, Para-Aminobenzoic Acid, Burdock Root, Choline Bitartrate, Inositol, and L-

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Nourishing the Potential of Mind and Body for 25 Years
1980 2005

Product Name	Statement(s) of Nutritional Support	Ingredients
Joint Health with MSM & Glucosamine Sulfate	Promotes joint comfort; promotes healthy connective tissue. MSM and Glucosamine are the subject of research on connective tissue and joint health. MSM is a compound containing sulfur—a crucial component of the tissues. Glucosamine is a building block of cartilage. Now, Natrol combines these two compounds in an easy-to take tablet.	Glutathione Methylsulfonylmethane (MSM) & Glucosamine Sulfate
Sleep 'n Revive	Promotes Normal Sleep Patterns with Melatonin and Valerian. Wake Up Refreshed with Powerful Antioxidants This comprehensive nighttime formula helps promote a more restful, deeper sleep while supporting your body's natural restoration processes. The combination of Melatonin and Valerian helps promote normal sleep patterns, while our powerful antioxidant formula provides your resting body with the fighting power it needs to restore and protect its cells from damage developed due to poor diets and busy lifestyles. This formula takes advantage of the natural restorative events that occur while we sleep such as free radical removal and increases in growth hormones. Sleep 'N Revive will help maintain your youthful body and energy. You won't have that groggy feeling the next morning. With Sleep 'N Revive you wake up refreshed and ready to tackle the day. Melatonin and sleep naturally increase growth hormone levels. Valerian promotes a natural quality of sleep. Studies show that Vitamin E protects our bodies from oxidative damage induced by our daily activities.	Vitamin E, Calcium, L-Glutamine, Valerian Root Extract, Grape Seed Extract, and Melatonin
Heart Health with Omega-3	Supports Heart Health. Increasing research reveals the health-promoting properties of Omega-3 fatty acids EPA and DHA in supporting a healthy cardiovascular system.	Omega-3 Fish Oil
Fat Burner Non-Ephedra with Caffeine	Fat Burner	Chromium, Caffeine, Velvet Bean Extract, Bitter Orange Extract

Please be advised that the label of each of the above dietary supplement products prominently displays the statement that "These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease."

Office of Nutritional Products


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I certify that the information contained in this notice is complete and accurate and that Natrol possesses substantiation that these statements are truthful and not misleading.

Sincerely,
NATROL, INC.


Kathleen Dunn, MPH, RD
Senior Compliance Manager